Passion of Life Breathwork

An Empowering 2 Hour Session with Guided Breathwork & Energy Activation

By Ishnah

Experience: Stress and emotional Release • Self-Empowerment • Heart Opening • Clarity and Creative thoughts Life Significance • Connection to Masters, Spirit Guides, and GOD Source • Opening of Higher Channels

- ✓ **Release tension, frustration, anger and repressed emotions**
- ✓ **Release old thought patterns and sorrowful emotions**
- ✓ **Induce forgiveness at a deeper level for yourself and others**
- ✓ **Overcome anxiety and fear**
- ✓ **Open and expand your heart, feel deeper love for yourself and others**
- ✓ **Reach a calm, relaxed, peaceful and deep (blissful) meditative state**
- ✓ **Develop clarity of vision and creative thoughts for your Career / Life Path / Goals**
- ✓ **Activate inner vitality, passion and aliveness**
- ✓ **Activate your dream desires (strengthen your ability to attract and manifest)**
- ✓ **Realize and feel your joy, love and peace**

Your life pattern is created by your past thoughts, experiences and beliefs. All repressed emotions from your past painful issues since birth remain in your cellular memory and block your full energy flow. Over time your repressed issues create your life pattern. Your focus becomes narrow, you are not able to feel joy and recognize or appreciate what life is offering you. You are not able to perform to your best potential and have constant anxiety, fear, anger, and security issues.

Constant focus on negative hurtful deceptive thoughts, ill feelings and inability to forgive (yourself and others), judgments, criticisms, and guilt, also builds energy blockages in your system. These energy blockages evolve into dis-ease at the emotional, mental and physical levels and restrict your full potential. You are not able to realize your goals, inner passion, joy, aliveness, focus, clarity, and the calm peaceful state.

The Passion of Life Breathwork Program

This unique and powerful program allows people to attain self-empowerment by releasing negativity, stress, tension, anxiety, repressed emotional issues, and restoring positive attitudes towards life. Intentions are activated at the superconscious state where true dream desires and miracles are originated.

The circular and connected breathwork activates the flow of energy throughout all the cells. Blockages are released, allowing the flow of energy to all the cells. The increase in energy nourishes the body and mind. Creative thoughts with clarity on your life significance and purpose are generated.

The increase flow of energy in the body and mind triggers emotional release and opens up the feeling nature of the heart. A deeper level of love is experienced for yourself and others. You forgive yourself and others, release all feelings of guilt and victimization. The feeling of happiness from all situations is embraced with gratitude.

Higher levels of divinity within you are ignited and activated. You experience a very deep and innermost connection to your GOD source with a feeling of divine love, peace and joy.

Ishnah has spent the last 20 years developing his inner spiritual growth. Self-realized masters have taught him advanced universal spiritual wisdom and effective spiritual growth techniques. The courses he teaches provide immediate effects in helping people better their lives.

(The Breathwork is lying down-propped up – 2 pillows and a cushioned mat is suggested for your comfort)

Cost : $50 ($40 Pre-Register One week or more in advance)
[Children Ages 13 – 21years half price]

For registration and additional information Call Ray 972-897-5454

Passion of Life Breathwork

Peoples Experiences:

I was able to release my fear issues. By end of the breathwork session I felt very light, relaxed and peaceful. *TG Austin TX*

I felt an incredible flow of energy through me with a feeling of being totally free. A powerful and wonderful experience. *LD Austin TX*

What an incredible feeling of Joy and peace. I have been looking/waiting for this feeling for a long time. *DM Austin TX*

I felt so many sensations throughout my body. At one point I felt peace and joy. I saw flashes of violet and saw myself traveling with the stars and reaching a moon or planet. What a wonderful and divine experience. I did not want to come back. I have never felt this level of experiences in all my years of meditation. I want more of this. *DG San Antonio TX*

I released some deep emotional issues. Felt a deep state of relaxation. Received clarity. I felt like I traveled through an emotional tunnel, releasing past issues and experienced a deep level of joy. *LM San Antonio TX*

I was shown that the universe loves me. I was looking for love from companionship. I was shown that it is within me and all around me. I also sensed my spirit guide standing beside me. This is a great class. *KC Dallas TX*

I experienced my true essence. A feeling of being completely free from everything.*MS San Antonio TX*

Wow, what a powerful session. I experienced detoxification throughout my body. I had an out of body experience. I saw, felt, and communicated with my guides. I saw immense light and felt myself merging with my higher self. *AS Dallas TX*

I felt a release and was able to surrender. I was taken to a temple, I met my guides, I saw very bright purple lights and felt a deep loving feeling. I did not want to come back. Felt abundance of love and joy. *LL Dallas TX*

This breathwork experience was life changing. I went extremely deep and connected to the master I was longing to meet. He came to me and told me his spirit name (This is the spirit name for Jesus) and showered immense love. *CT Austin TX*

The breath class helped me release my blockages and opened me up to receive my purpose with clarity. I was able to release my fears and be in a state of love and joy. *SB Austin TX*

I experienced intense vibration throughout my body. I left my body for a while. I saw Buddha in white light come towards me then in me. After that I saw the Star of David. *CB Texas*

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